

## What to Expect From Your New Crown

Crowns provide strength to a weakened tooth. Shaping your tooth for a crown will usually cause some temporary sensitivity to cold. The gums around the tooth will also be tender due to the process. These symptoms typically subside within 1-2 weeks.

The following instructions will help to minimize complications:

1. Do not eat or chew until the numbness wears off. It is very easy to inadvertently cause serious damage to your lip, tongue, and cheek while numb.
2. Once the numbness has diminished, you may chew immediately. The crown cement is set before you leave the office.
3. If you leave your appointment with a temporary crown ensure that your temporary crown stays on the tooth. If a temporary crown is off/lost, the teeth can shift causing your new crown not to fit at your return visit.
4. Brush around your temporary crown normally, **but do not floss**. Flossing will dislodge the temporary. Once the actual crown is seated, you should resume flossing.
5. Once the numbness wears off, your crown will feel “new”, but should not feel like it is high. If your crown does feel too high, please contact us as soon as possible to have it adjusted. If the decay or old filling was near the nerve, we placed a medication to soothe the nerve. If the nerve was unhealthy at the outset, then placing a crown could be the proverbial “straw that breaks the camel’s back,” causing the nerve to die and necessitating further treatment.
6. Take over the counter pain medication (like Advil or Tylenol) three times per day for three days .This will help the nerve to settle down and will soothe sore gums.

**After Hours Emergency Number**  
**817-689-3837**